ITALIAN DINNER MENU

ISOBEL'S RESTAURANT

SOMETHING TO SHARE

OUR PASTA..CONTD

FRITTO MISTO

A very popular street food of fresh seafood served with lemon wedges, often shared between couples along the seafront. in Naples. Serves two. (GF,DF)

PANE CON INTINGOLI

Freshly baked Italian bread served with home made dips and EVO oil. Serves two. (GF, DF can be arranged)

ANTIPASTO

34

Chef's own selection of cured meats, olives, pickles and crostini bread. (Serves two)

ENTREES

POLPETTE AL SUGO

16

Meatballs home made with a blend of minced pork, beef and chicken with parmesan, garlic and nutmeg, completed in a rich spicy Napoletana sauce. Chef's mum recipe from Italy!

FUNGHI TRIFOLATI

16

Mushrooms sauteed with a parsley and garlic battuto, completed with a lemon and Brandy glaze, served with Parmesan crostini (V, GF, DF)

GAMBERI AL PESTO

24

Prawn cutlets sauteed in olive oil and garlic, completed with a Genovese basil glaze and served on garden greens. (GF)

SPIEDINI DI MANZO

24

Beef fillet skewers grilled in olive oil with garlic and rosemary, splashed in white wine and served on Tzatziki. (GF, DF on request)

POLPO ALLA GRIGLIA

26

Tender grilled octopus tentacle, served on a Sicilian style artichoke caponata. Limited portions

OUR PASTA

ALLA NORCIA

34

Hand-made pasta with our own Emilian style sausage made from minced free range pork, Parmigiano, black pepper and Perigord black truffle Pate'

SOPHIA LOREN (V)

34

Fresh pasta with roasted capsicums, garlic, onions and rosemary, completed with a Feta and Parmesan glaze. Vegetarian. Add Manuka smoked bacon for 4. (GF)

RISOTTO DI MARE (GF)

36

The dish for seafood lovers: Italian Arborio rice with lemon, herbs and our selection of fresh seafood: fish fillet, prawns, calamari & mussels. (DF on request)

AL RAGU'

35

Beef and lamb ragout, braised for 11 hrs in a rich red wine and tomato sauce with Parmesan garlic, onions and Italian herbs. (GF DF on request)

LUCA BRASI

37

34

Handmade pasta sautéed with prawns, mussels, calamari, clam meat, fish fillets, kalamata olives, capers, Italian herbs, splashed in white wine and completed with cherry tomatoes, fresh basil and a touch of chilli.

LASAGNA DI CASA NOSTRA

Layers of pasta with beef Bolognese, bechamel, Parmesan and tomato, baked in the oven and topped with mozzarella. A real classic!

CARBONARA DELLO CHEF

Prawn cutlets, egg yolk, a generous amount of black pepper and completed with a fresh grating of Italian Pecorino cheese, chef's own creation and variation of a traditional Roman dish

OUR MAIN COURSES

Served with seasonal vegetables and roasted potatoes

POLLO ALLA LUCIA

An Italian classic dish that my mum used to cook for me, hands down, one of my all times favorite! Chicken Maryland cut, gently roasted in onion infused butter and completed with a Paprika, mascarpone and parsley glaze. (GF, DF on request)

BISTECCA AI FUNGHI

45

Sirloin steak completed with a sauce made with roasted mushroom and completed in an herbed velouté' (GF)

BISTECCA AGLIO & PEPE

Sirloin steak with a garlic and pepper glaze,

finished with a topping of home-made garlic butter. (GF, DF)

FISH OF THE DAY (MP) Please ask your host for today's creation.

CACCIUCCO

Tuscan seafood platter with King prawns, fish fillet, calamari and shellfish, completed with a spicy sauce made with capsicums, olives, capers, fennel seeds, Napoletana and Manuka smoked bacon. (DF, GF on request)

CRESPELLA

38

Medley of vegetables wrapped in a home-made crepe, sauteed with garlic and capsicums, completed with spices, Italian herbs, Napoletana and a touch of cream, finished in the oven with a topping of grilled mozzarella, served with roasted potatoes.

ITALIAN DINNER MENU

SIDES

Mesclun greens, tomatoes, cucumber, dressed

Authentic Greek salad made with cucumber, tomatoes, feta, green capsicums, Kalamata olives and red onions, completed with oregano and

Vegetables of the day, roasted with garlic and

Our signature beer battered fries, served with

Italian herbs, topped with grilled Parmesan.

INSALATA VERDE

with balsamic and EVO oil.

VEGETALI ARROSTO

GRECA

EVO oil

PATATINE

aioli and ketchup.



18

30

DESSERTS

TIRAMISU' ALLA FRAGOLA 18

Savoiardi biscuits glazed with strawberry and Pedro Ximenez sherry, layered with mascarpone cream

GELATO 18

Chef's homemade selection of three gelato.Please ask your host for today's flavours

AFFOGATO 18

Hot espresso with vanilla ice cream 14 Add a liquor of your choice 24 Brandy, Sambuca, Frangelico, Kahlua, Baileys or Cointreau

PANNACOTTA

Belgian chocolate, Kahlua, malted biscuit crumble and blueberry couli

SORBETTO AL LIMONE 18

Locally produced lemon sorbet, served with a glass of Italian Limoncello.

FORMAGGI

A selection of locally produced cheeses served with quince paste, spiced nuts, crackers and fruit

• One Cheese 14

• Two Cheeses 20

• Three Cheeses 26

OUR VEGAN MENU

ENTREE MAINS

FUNGHI TRIFOLATI 28 VEGETALI AL FORNO

12

15

14

13

Mushrooms sauteed with parsley, lemon zest and roasted garlic, completed 'wit a Brandy and lemon glaze, served with crostini

A generous medley of today's vegetables roasted Italian style with onions, garlic, mushrooms and herbs, served with in house made Bruschetta bread

PASTA ARRABBIATA 16 LASAGNA 34

Italian pasta tossed in our own home made spicy

Napoletana sauce and completed with vegan Parmesan

Gluten free layers of sorghum pasta, roasted vegetables, spinach and Napoletana sauce

ASSAGGI 17 RISOTTO 35

Pea and mint bites served with vegan aioli and garden

Arborio rice completed with chopped up roasted broccoli,
greens drizzled in EVO oil.

capsicums, garlic and olive oil.

DESSERTS 18

Lemon Sorbet Vegan Slice Freshly cut fruit salad

V VEGETARIAN / DF DAIRY FREE / GF GLUTEN FREE / O OPTION